

GLAMOUR GIRL'S GUIDE TO LOOKING GORGEOUS



A SELF-ESTEEM E-BOOK

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Let's talk about glamour, about what it is, how to get it and how to give it to others. This Glamour Girl's Guide Book teaches you the top ten rules about looking gorgeous.

Each one of these "rules" is written about in detail in the following pages. They are not really rules – more like sincere suggestions from me to you about what I have learned about looking, and feeling, good. Let's begin with the definition of the word and take a look at its deeper meaning.

Def: **Glam-our** or **Glam-or** noun. *Alluring fascination or charm.* (**Glamorous** adjective) - **Glamorize** verb. *To make glamorous; to portray or treat in a romantic way.*

Glamour cannot quite be defined because it is a quality of being, a natural expression of feminine beauty, and a charm that is inborn and not bred. All women have it, most of them never uncover it, and few of them use it as the gift it is intended to be: to bring a little light into the world.

Glamour is fascinating because it is inherently feminine, elusive and mysterious. If you think you want to know more about it – read on and learn. But promise me this – that you use your glamour to bring joy and light to others - it shines brightest when you share this precious resource within you.